

TURRAMURRA PUBLIC SCHOOL CANTEEN MENU

TERM 1, 2009

OPEN RECESS AND LUNCH WEDNESDAY, THURSDAY & FRIDAY

- Please write orders on a large paper bag with name and class marked and money enclosed.
- If you require a bad please use an envelope and add 10c to the order
- Thank you for putting your lunch order in your classroom basket by 9am

Sandwiches white or whole meal

(rolls add 50c)

♣ Chicken	\$2.70
♣ Egg	\$2.40
♣ Ham	\$2.70
♣ Cheese	\$2.00
♣ Tuna	\$2.70
Vegemite	\$2.00
Honey	\$2.00
♣ Salad (lettuce, tomato, beetroot, cheese, carrot, cucumber and mayonnaise)	\$3.80
♣ Salad (lettuce, tomato & carrot)	\$1.00
♣ Tomato, lettuce, beetroot or carrot	\$0.50
♣ Cheese (low fat)	\$0.70
♣ Egg	\$0.70
♣ Mayonnaise (low fat)	\$0.70
♣ Plain buttered roll	\$0.20
♣ Lavash Raps-	\$0.80
Salad (lettuce, tomato, beetroot, cheese, carrot, cucumber, mayo)	\$4.00
Chicken (chicken, lettuce, mayo)	\$4.00

Extras

♣ Red Rock Chips - Original & Honey Soy	\$1.00
♣ Popcorn	\$1.00
Yoghurt Frogs	\$0.10
Natural Fruit Bears	\$0.05
Carob Buds	\$0.05
(50 cents maximum quantity of frogs/sweets per day)	

Fresh Fruit and Vegetables

♣ Carrot Sticks	\$0.50
♣ Celery Sticks	\$0.50
(add Cream Cheese - in a separate tub)	\$0.30
♣ BYO Apple for slinky	\$0.20
♣ Apple (peeled & sliced)	\$1.00
♣ Watermelon wedge	\$0.70
♣ Banana	\$0.80
♣ Oranges	\$0.80

Drinks

♣ Pop Top - Smart Juice - Apple, Apple/Blackcurrant, Orange	\$1.20
♣ Thorpedos Flavoured Water - Tropical, Berry, Lemonade	\$1.50
♣ Plain Bottled Water (600ml)	\$1.00
♣ Flavoured Milk - Chocolate, Strawberry, Banana	\$1.20
♣ Sparkling Juice - Grape, Lemon, Mango	\$1.50
♣ Slushy Drinks - Tropical, Strawberry	\$1.50

Hot Food

♣ Pizza Muffin (Bacon and Cheese)	\$1.00
♣ Pizza (Ham and Pineapple)	\$2.80
♣ Pizza Sub (Sauce and Cheese)	\$0.80
♣ Party Pie OR Party Sausage Roll	\$0.80
♣ Chicken Burger - Plain Pattie	\$2.70
Lettuce & Mayo	\$3.20
♣ Hamburger (home made beef pattie)	\$2.70
Plain - Beef Pattie & Tom/BBQ Sauce	\$3.20
Cheese - Beef Pattie, Cheese & Sauce	\$4.20
The Lot! - Beef Pattie, Lettuce, Cheese, Tomato, Beetroot, Tomato/BBQ Sauce	\$3.80
♣ Butter Chicken & Rice	\$1.20
♣ Potato Wedges (bag)	\$0.30
(Add light sour cream in a tub) extra	\$3.30
♣ Twista Pasta	\$0.20
♣ Tomato Sauce Sachet	\$3.00
♣ Sushi - Friday Only - pre-ordered by Thursday	\$4.00

Frozen Food

♣ Moo Ice-Cream	\$1.40
♣ Paddle Pop - Chocolate, Rainbow	\$1.30
♣ Icy Twist (Lemonade)	\$1.00
♣ Quelch Juice Sticks	\$0.60
♣ Milk Cup (Chocolate, Strawberry, Banana)	\$0.30
♣ Mini Fruits	\$0.50
♣ Jelly Joys	\$0.20
♣ Frozen Orange Segment	\$0.20

Salads

♣ Plain Salad (lettuce, tomato, beetroot, cheese, carrot, cucumber & mayo)	\$3.30
Small Size	\$4.80
Large Size	\$1.70
♣ Add Ham	\$1.40
♣ Add Egg	\$2.50
♣ Kidsalad (cherry tomatos, cucumber, tasty cheese chunks, carrot, celery)	\$0.20
Add dressing - mayo or French extra	
<u>Caesar Salad</u> (Cos lettuce, bacon, croutons, parmesan cheese & Caesar dressing)	
Large Size Only	\$4.80
<u>Chicken Caesar Salad</u> (all of the above with chicken added)	\$5.80
Large Size Only	

Any Queries, call Jenny on 0418 869 209 or 9440-0356 during Canteen hours.

♣ Indicates NSW Canteen Association